

Chapter 9

The 25 Most Useful AI Prompts Every Retiree Should Know



Introduction

One of the biggest secrets to getting the best results from AI is knowing **what to ask**.

The questions or instructions you give an AI tool are called **prompts**. Think of a prompt as giving directions to a helpful assistant. The clearer your instructions, the better the answer you are likely to receive.

The good news is that you don't need to be a computer expert or technical writer. You can simply ask AI in plain English, just as you would ask a friend for help.

In this chapter, you'll discover 25 practical prompts that can save you time, solve everyday problems, and even help you create opportunities for extra income.

What Makes a Good Prompt?

A good prompt is:

- Clear
- Specific
- Polite
- Easy to understand

For example, instead of asking:

"Write something."

Try asking:

"Write a friendly email inviting my neighbour for coffee."

The second prompt gives AI much more information, resulting in a better response.

Everyday Life Prompts

1. Plan My Day

Prompt:

Help me create a simple daily schedule that includes

exercise, meals, household chores, relaxation and family time.

2. Healthy Meal Ideas

Prompt:

Suggest five healthy, inexpensive dinners that are easy to prepare for two people.

3. Shopping List

Prompt:

Create a shopping list for the meals suggested above.

4. Weekly Budget

Prompt:

Help me prepare a weekly household budget based on my income and regular expenses.

5. Holiday Planning

Prompt:

Help me plan a three-day holiday with a reasonable budget and interesting places to visit.

Communication Prompts

6. Write an Email

Write a friendly email thanking a friend for their visit.

7. Reply to a Message

Help me write a polite reply to this email.

8. Birthday Wishes

Write a warm birthday message for my granddaughter.

9. Sympathy Message

Help me write a thoughtful sympathy message.

10. Rewrite My Letter

Improve this letter so it sounds friendly and professional.



Learning Prompts

11. Explain Simply

Explain cryptocurrency in simple language suitable for someone over 60.

12. Learn a New Skill

Create a beginner's learning plan for photography.

13. Understand Technology

Explain cloud storage in plain English.

14. Summarise This Article

Summarise this article using simple language.

15. Ask Questions

Give me five questions I should ask before buying a new laptop.

Money and Organisation Prompts

16. Saving Money

Suggest ten practical ways I can reduce my monthly household expenses.

17. Compare Prices

Help me compare these two products and explain which offers better value.

18. Monthly Planner

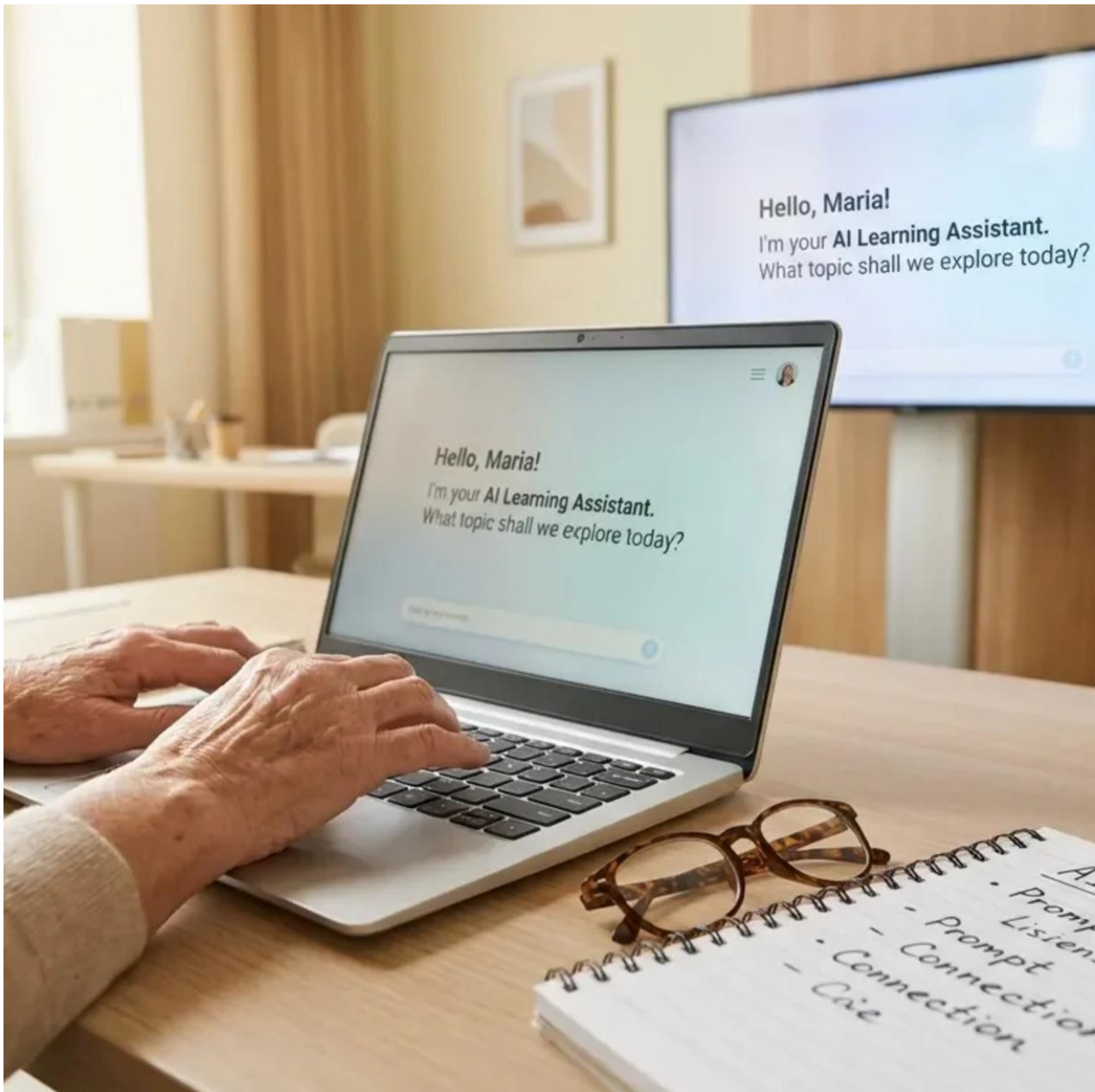
Create a monthly planner for appointments, birthdays and important reminders.

19. Goal Setting

Help me set three realistic financial goals for this year.

20. Organise Important Information

Create an emergency information sheet for my family.



Creative Prompts

21. Write a Story

Write a short story based on my childhood memories.

22. Family History

Help me organise my family history into a book.

23. Create a Printable

Design a simple weekly planner I can print at home.

24. Brainstorm Business Ideas

Suggest ten simple online business ideas suitable for retirees.

25. Create an AI Income Plan

Help me create a six-month plan to learn AI skills and develop a small online income from home.

Tips for Better Results

If the first answer isn't exactly what you wanted, don't worry. AI is designed to work as a conversation.

You can simply say:

- "Make it shorter."
- "Use simpler language."
- "Give me more examples."
- "Explain it step by step."
- "Rewrite it in a friendlier tone."
- "Add more detail."

Each follow-up prompt helps AI refine its response to better match your needs.

Practice Exercise



Choose three prompts from this chapter and try them yourself.

Notice how changing a few words in your prompt changes the quality of the answer.

The more you experiment, the more useful AI becomes.

Key Takeaways

- A prompt is simply an instruction or question you give to AI.
- Clear prompts produce better answers.
- AI can help with everyday tasks, learning, communication, organisation and creative projects.
- You can always ask AI to improve or rewrite its response.
- Practice is the fastest way to become confident using AI.

Chapter Summary

Learning how to write good prompts is one of the most valuable AI

skills you can develop. With just a few well-chosen words, AI can become your personal assistant, teacher, organiser, travel planner, writing helper and creative partner.

The 25 prompts in this chapter are only the beginning. As you become more comfortable using AI, you'll discover countless other ways it can make life easier, save you time and even help you create additional income.

In the next chapter, we'll look at one of the most exciting opportunities available today: **using AI to create and sell simple digital products—even if you have no previous business experience.**

