

☐ **Worksheet 36**

Practical AI Success Academy™

Tutorial 36 Worksheet – Using AI to Learn New Skills

Part 1: My Learning Goal

What skill would you like to learn?

Why do you want to learn it?

How much time can you dedicate each day?

☐ 10 minutes

☐ 20 minutes

☐ 30 minutes

☐ 1 hour

Part 2: My AI Tutor Prompt

Write your chosen topic:

Now use this prompt:

I am a complete beginner. Please become my personal tutor and teach me step by step.

Part 3: Today's Lesson

Lesson topic:

Three new things I learned:

- 1.
- 2.
- 3.

Part 4: Practice Exercise

What exercise did AI give you?

Did you complete it?

☐ Yes

☐ Not yet

Part 5: Quiz Results

How many questions did you answer correctly?

_____ / _____

Part 6: Reflection

The most interesting thing I learned today:

The next lesson I want to study:

Weekly Progress Tracker

Day	Lesson Completed	Practice Done	Quiz Completed
Monday	☐	☐	☐
Tuesday	☐	☐	☐
Wednesday	☐	☐	☐
Thursday	☐	☐	☐
Friday	☐	☐	☐
Saturday	☐	☐	☐
Sunday	☐	☐	☐